



May 3, 2023

A Note From the Principals.....

It is hard to believe that it is already May and we are halfway through the last grading period. Within the next two weeks the students will be completing their last Zones of Regulation lesson. Zones of Regulation is a curriculum designed to foster self-regulation and emotional control. Throughout the school year students have been introduced to “awareness of feelings, energy and alertness levels while exploring a variety of tools and strategies for regulation, prosocial skills, self-care, and overall wellness” (Kuypers, 2011) Please see the enclosed page for additional information.

It comes with great sadness to announce Mr. Macko will be retiring at the end of this school year. It has been a privilege and joy to work with him over the past few years. He will be missed by staff, students and families. Over many years, students have been fortunate to have Mr. Macko as their principal. Many would agree Mr. Macko is a Lutz Legend! We truly appreciate Mr. Macko’s dedication to education, students and wish him the best of luck in his retirement.

Dr. Lori Pierce



Once an eagle, always an eagle!

SCHOOLS

### **STRONG ACADEMICS**

Honor Roll  
High Honor Roll  
Perfect Attendance  
Morning Arrival  
Charlotte’s Web, Kona Ice  
4th Grade Authors  
Field Day  
Teacher Appreciation  
Zones of Regulation  
What Does the Principal...

### **STRONG CHARACTER**

College Corner  
Word of the Month



# STUDENTS

## HONOR ROLL Congratulations!



### 3rd Grade

Callie Balkovec  
Jace Burgess  
Anthony Cantu  
Alexander Cook  
Wyatt Gonzales  
Noah Kralovic  
Maximus Michaels  
Allyson Rusch  
Olyvia Young  
Jerrica Brown  
Makayla DeWalt  
Amelia Johnson  
Josiah Pettiford  
Madelyn Proctor  
Ava Snedden  
Hailee Wells  
Haidyn Yates  
Aurora Zaleski  
Bentyn Boreman  
Melina Chesnutte  
Giovanni Florez  
Noelle Pena  
Gregory Schalk  
Dasani Smith  
Averie Trevino

### 4th Grade

Matteo Alafita  
Bailey Duke  
Ethan Elder  
Tristan Estep  
Maddox Foster  
Jamir Hughes  
Liliana Michaels  
Morayo Sobayo  
Austin Gray  
Ryker Busack  
Amaris Chapman  
Serenity Johnson  
Aria Jones  
Jaeyce McKinstry  
Chloe Rodriguez  
Ana'Leigh Sims  
Persephone Zaleski

### 5th Grade

Wesley Brownson  
Cole Davis  
Davis Lenz  
Harmonie Barchus  
Kavon Gonzales  
Serena Stine  
Nathaniel Beam  
Baylynn Boreman  
Lincoln Claypool  
Mackenzie Gladieux  
Keith Hill  
Jamison McMurray  
Jacob Pickard  
Lilyanna Stultz



# STUDENTS

## HIGH HONOR ROLL Congratulations!



### 3rd Grade

Jacoby Gangwer  
Maliyah Koenig  
Delaney Mominee  
Aria Villarreal  
Colton Everhardt  
George Kramer  
Corlayn Lowe  
Olivia Michles  
Jane Volz  
Elleigh Fought  
Salem Sprenger

### 4th Grade

Marcus Cooks  
Leo Kinsey  
Mason Moss  
Zayla Scott  
Trenton Edminster  
Cooper Firsdon  
Zachary Kiser  
Ava Nagy  
Elena Osborne  
Chinatsu Sato  
Allison Schwochow  
Daniel Segundo Fernando  
Audrey Heberling  
Isabella Pack  
Aaron Riedmaier  
William Shearon

### 5th Grade

Cameron Berger  
Lillyn Gabel  
Carlie Hotz  
Emiliano Perez-Gonzalez  
Madeline Reed  
Alexander Rich  
Brooklyn Ruhlen  
Linkin Swinehart  
Colten Diller  
Ellie Edminster  
Julieta Jimenez  
Colin Licursi  
Macy Hammer  
Hayden Reynolds



# STUDENTS

## PERFECT ATTENDANCE Congratulations!



Zayden Canape-Nakea  
Brandon Fields  
Tucker Fowler  
Evelynn Novitski  
Chase Pfeiffer  
DeShaun Stuart  
Ashton Sybert  
Malachi Tomczyk  
Aleeah Barker  
Hayden Koenig  
Charles Ball  
Nieko Cooks  
Thea Davidson  
Ezrianna Estep  
Bella Li  
Connor Osborne  
Reynaldo Reyna  
Aiden Sybert  
Kayl Wojdyla  
Jerrica Brown  
Alexander Cook  
Maliyah Koenig  
Allyson Rusch

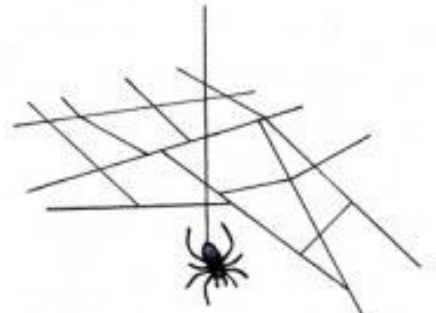
Vincent Stine  
Aria Villarreal  
Aurora Zaleski  
Brady Baker  
Hunter Earnest  
Ethan Elder  
Daniel Segundo Fernando  
Maddox Foster  
Elena Osborne  
Chloe Rodriguez  
Jake Brown  
Macy Hammer  
Julieta Jimenez  
Emmanuel Medina Casanova  
Hadrian Mumpuku  
Jacob Pickard  
Alexander Rich  
Linkin Swinehart



# STUDENTS

## Morning Arrival

For the safety of all students, please stay in a single line when dropping students off in the morning. Please, do not use the staff parking lot to drop off students. It is difficult to see students crossing when cars are dropping off other students. Thank you for your assistance in keeping our kids safe!



## Field Day

Lutz Field Day will be on Friday, May 19th at Connor Park. Please place sunscreen on students prior to school on this day. Hopefully, the weather will be warm and sunny!



## Charlotte's Web

Salutations! Our "One School, One Book" this year is Charlotte's Web. Students have been answering daily trivia questions and taking part in various classroom activities. Thank you to Mr. and Mrs. Postlewait for our amazing Zuckerman's barn. Mr. Postlewait built the barn in his garage, dismantled it and then put it together in the Lutz hallway. To experience a taste of "the fair" as it was a setting within Charlotte's Web, the students will have the opportunity to purchase Kona Ice on Tuesday, May 16th. Please see additional information on the attached sheet.



## Teacher Appreciation Week

Next week is Teacher Appreciation Week! Please remember to thank your child's teacher!





## 4th Grade Authors

The 4th graders at Lutz volunteered to enter a creative writing contest test. They had to choose a scientific discovery or historical event to create a mini saga, a writing piece in 100 words or less. Students worked at home, during class and even gave up their recess time to create, edit and finalize their pieces. We had 10 students submit their pieces and receive a certificate for participating and submitting their writing. Parents were given the opportunity to allow their child's piece to be published in this year's Ancient Adventures- Awesome Authors. Congratulations on all of your hard work.



*Proud of our Lutz Eagles!*



## ZONES OF REGULATION

Listed below are tools to help students self-regulate their bodies.

Count 1,2,3

Wall Pushes

Positive Self-Talk

Smell the flower, blow out the candle

Draw

Think of a calm place

Squeeze hands and release... stretching fingers out

Number 8 breathing

Get a drink

Talk to an adult

Lift something heavy

Listen to music

Walk

Jump

Ask for a snack

Run

Jumping Jacks

Pull something heavy

Six sides of breathing

Inner Coach... "You can do it!"

Lazy 8 breathing

Shoulder rub

Size of the problem... 1,2,3



**A Tribute to Mr. Macko**  
From 1st Grade Students



**What does the principal do all day?  
When he's not in his office...**

Maijor- he eats a couple of snacks  
Emry- he makes sure people are safe and does some work, sometimes  
MayLani- he is in charge of the bells  
Aria- he goes in the bathroom and drinks coffee  
Analee- he makes announcements  
Mya- he eats food and watches t.v.  
Kamryn- he goes to meetings  
Quinn- he stops to visit the classrooms  
Nova- he walks around the school  
Levi- he goes outside  
Hannah- he makes papers  
Carson- he does the pledge  
Bentley- he watches the cameras  
Laicey- he will go to the classrooms to see us  
Kemari- he makes Black History Month papers  
Vella- he sees us at lunch

**What does the principal do all Day?  
In his office...**

Grayson- he eats "Dunkin Donuts", drinks coffee and sleeps  
Azzy- he talks on the phone  
Kennedy- he does computer work  
Mya- he eats donuts while working  
Dallon- he drinks coffee and eats donuts  
Aleeah- he has meetings and talks to teachers  
Gavin- he snacks on watermelon  
A'von- he has meetings  
Kamryn- he talks to kids  
Quinn- he works on his computer  
Jameson- he types a lot  
Elijah- he does what he is suppose to, that is why he is the best principal  
Damon- he watches his phone  
Noah- he write smiley faces  
Frankie- he talks to parents  
Tucker- he talks on his phone  
Adrianna- he eats cake pops  
Mason- sits in his chair  
Czaja- has meetings  
Jason- has teachers' glasses  
Hayden- he does a lot for us

**What does the principal do all day?  
The principal is in charge of...**

Owen- the teachers  
Joey- the kids and rules  
Ethan- students, rules, schedules  
Max- Mrs. Pierce...they are married  
A'von- playgrounds  
Tristan- bad kids  
Ava- watching the cameras  
Brooklyn- coffee  
Deondre- the office  
Hudson- radios  
Callan- the school  
Bentley- drills







## May

Being college and career ready doesn't just mean getting good grades. Most colleges and companies are looking for well-rounded people, not just intelligence.

Extracurricular activities like sports, music, art, scouts, 4\_H and volunteer work are just some of the activities that can help your child be college and career ready.

*Future Career Chat:* What is a resume? What is one thing you could put on a college application or resume now that you do? (I.e. play an instrument, participate in 4-H, play soccer, etc...) What are two of your strengths (things you are good at) that would help you in a career?

Ms. Bilbrey

Professional School Counselor

**Pride** is the word of the month for May. Pride is a feeling of satisfaction based on your achievements and actions. Pride comes from perseverance, patience, and wisdom. People who demonstrate strong character are proud of who they are and have high self-esteem.

### Ways to Help your Child be Proud

- Set appropriate expectations-not too low and not too high. This is critical to developing competence and confidence. If expectations are too low or too high children feel powerless and incapable of controlling the circumstances in their lives.
- Allow space to test skills. Give opportunities to reflect, reason, problem-solve and consider the consequences of choices. This is critical for future growth.
- Facilitate a sense of belonging. Your child will develop a sense of importance and commitment if you give opportunities to participate and contribute in an activity. Let your child know that he/she really counts and makes a difference.
- Have pride in your family. Strong families believe in and trust each other, respect individual differences and show their affection for each other. They make time for being together, whether to share holidays, special events or just to have fun.

Ms. Bilbrey

