# FREMONT - STUDENTS City Schools - COMMUNITY



#### Dear Croghan Elementary Families,

# As December arrives, we want to express our heartfelt gratitude for your ongoing support and partnership. Your involvement significantly impacts our students and school community.

As we enter the holiday season, we reflect on the wonderful achievements this school year. December brings excitement and opportunities for our students to grow academically and socially. We are proud of their hard work and look forward to celebrating their progress this month!

December 2024

#### Important Announcements

- Lost and Found: We continue to accumulate a surplus of Lost and Found items each week. Many students have yet to identify items that belong to them. To assist, we have incorporated "Find it Fridays" during lunch, giving students an opportunity to search through Lost and Found belongings. A Final Forms email will be sent out this Friday, December 13th with photos of items.
- **Santa Shop:** Mark your calendars for the week of December 9th! Students will have the chance to visit the shop on Thursday and Friday if they were unable to go with their class on their designated sign-up date.
- **3rd-5th Grade Snow Ball Dance:** Join us for the Snow Ball Dance on January 17th, from 6:00 to 7:30 PM. We are excited to celebrate together!
- **Winter Sports:** Winter sports are here! Please share your schedules with Mr. Schwartz, and we will ensure this information is shared with staff to support our students outside of school.

#### Additional Information

- Last Day of School: The last day of school before winter break is December 20th.
- Winter Break: Students will enjoy winter break from December 23rd to January 3rd.
- First Day Back: School will resume on January 6th.
- Grade Cards: Grade cards will be sent home on January 10th.

We are grateful for your ongoing support and collaboration. Thank you for being an integral part of our school community. Together, we can ensure a rich and fulfilling educational experience for our students. We look forward to the exciting events ahead and wish you and your family a joyful holiday season!

#### **Together We Soar!**

Principal

Your Partners in Education,

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SCHOOL

Michael Schwartz Assistant Principal

## Transportation Home

If a student's transportation home is changing for the day, please contact the school office at 419-332-1511 by **2:00pm**. Thank you!

#### Weather Reminders

Students may enter the building at 8:30 AM. If it is raining and/or snowing students will need to stand outside until the time listed above. We do not have staff in the building to monitor students earlier than 8:30am.



#### Dress for the Weather

We enjoy recess outside if the windchill is 20 degrees or higher. Please remember to send a winter coat, hat and gloves each day to school with your student. If there is snow on the ground, students who have snow pants and boots can play in the snow during recess.

## Attendance Policy

-Students are allotted 5 days of excused absences without a doctor's note in one school year.

-After 5 days of excused absences, a doctor's note is needed. Otherwise absences will be considered "unexcused".

-Please call-in your student's absence to the school office by 9am the day that they will be out. There is voicemail so that you can call any time day or night. 419-332-1511

Habitual Truancy

-30 or more consecutive hours without a legitimate excuse -42 or more hours in one school month without a legitimate excuse -72 or more hours in one school year without a legitimate excuse



**STUDENTS** 





It's not too early to start thinking about the Croghan Yearbook! Yearbooks will be delivered in May. Please use the QR Code below to place your order.









#### A note from Mrs. Avants, School Counselor:

#### Hello Croghan Families!

I would like to share about a powerful way to grow happiness and confidence and that is Positive Self-Talk! Just like we take care of a garden by planting seeds and watering them, we can take care of our minds by planting kind, helpful thoughts. Positive self-talk helps our "mind garden" grow strong, happy, and healthy!

#### What Is Positive Self-Talk?

Positive self-talk is when we say good things to ourselves in our minds or out loud. Think of it as planting seeds that can grow into confidence, courage, and kindness! Here are some "seeds" you might try planting in your mind garden:

- "I am good at trying new things."
- "I can solve problems step by step."
- "I believe in myself."

#### Why Is Positive Self-Talk Important?

Just like a garden needs water and sunshine, our minds need kind words to feel good. Positive self-talk can:

- Help us feel confident and strong
- Give us courage to try new things
- Help us stay calm when we're having a hard day

#### Mind Garden Activity: Plant Positive Thoughts!

Here's a fun activity to try at home:

1. Draw Your Mind Garden – Draw a garden with flowers, plants, or trees.

2. Plant Your Positive Thoughts – Inside each flower or plant, write a positive thought or phrase. For example, "I am kind to others," or "I keep trying, even when it's hard."

3. Water Your Garden – When you're feeling worried or down, "water" your garden by reading the phrases and repeating them to yourself.

#### **Tips for Parents**

- Nurture Positivity – Talk about your child's strengths and celebrate their efforts. Example: "You worked so hard on that puzzle! That's amazing determination!"

- Model Positive Self-Talk – Let your child hear you say positive things to yourself, especially if you're facing a challenge.



Keep up to date on the latest events happening in the district by logging on to <u>www.fremontschools.net</u>.



# Nurse's Corner

The holiday season can sometimes be a stressful time for parents and students. Below are some tips to help build resilience in our students. Resilience is the ability to recover or adapt well to difficulties, trauma or stress. Resilience uses a variety of skills and coping tools. Children who are resilient have developed inner strength that helps them bounce back from bumps in the road or even failures and thrive. Resilience can be built, just like building muscle. Factors that help children build resilience include: Having a supportive relationship with a trusted adult in your family or community. Self-efficacy: the belief that you are able to perform a task or manage a situation. Self-regulation: the ability to understand and control your behavior and reactions to things happening around you. Practicing valued faith and/or cultural tradition. Maintaining a hopeful outlook. Not all stress is bad. Short term stress or positive stress can motivate, and help focus energy, feel exciting, improve performance (like when you compete or take a test). Talking about feelings and emotions can build strength and help someone cope with life's up and downs. It is never too late to build resilience!

Save the Date!

The Snow Ball for 3-5th grade students and their families will be held on Friday, January 17th, from 6:--7:30pm. Mark your calendars! More details to follow!

PTO meets the second Tuesday of each month at 5:30pm in the Croghan Cafeteria. New families are always welcome!

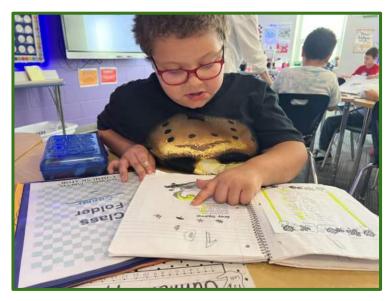


Please remember to put your child's name in their coat and lunch bag so that the item can be returned to your child if it is misplaced.

























# **1st QUARTER HIGH HONOR ROLL**

#### 3rd Grade

Grayson Axe Nicolette Connor Alexa Frantz Brianna Garza Thomas Kiser Holden Marsee Nevaeh Mestrey Audrianna McDonald Julian Navarro-Vargas Lucy Ontiveros Oliver Pena Zoe Reffner Olivia Vela Lilli Weiss Owen Willey

#### 4th Grade

Mila Root

#### 5th Grade

Mya Alonso Cayla Crispen Eloise Pollick Aaron Willey





# **1st QUARTER HONOR ROLL**

Taelynn Badillo Mariah Caballero Olivia Curtis **Coraline Fisher** Payton Fosnight Ava Glenn Zayla Hansberger **Bryce Harris Tremayne Heard** Martin Hull David Kwiatowski Milo McKinstry Knox Myers Mya Palacios Cayce Reynolds Jasbrielle Ruiz Bianca Santiago Ember Schell Erick Sierra

Haley Broadstock **Breah Connor** Evalyn Edmonds Julian Franco Noah Jones **Brooke Kouts** Aiden Maschari Harper Meggitt Aryah Milton Conner Ochoa Theodore Ohms Cristian Ordaz-Lorenzo Indie Parker Alaina Pollick Braxtyn Potridge Mathew Roca Jr. Annalvse Salazar Serenity Stewart Isabella Wadsworth Leviticus Witmer

Konnor Aller Cohen Freetage Gabriel Garza Nevaeh Garza Zane Griffith Analei Gutierrez Maelyn McCluskey Ashtyn McCoy Diego Mejia Camden Pena Edgar Sierra, Jr. Harlan Smith



