FREMONT - STUDENTS Gity Schools - COMMUNITY

October & November 2024



November is here but we are still feeling some summer weather at times and we will take it! We are already into quarter number TWO and will finish at Christmas break! Thank you to all of the parents who attended conferences. Remember you have online access at your fingertips to your child's grades if you log into progress book. Please call the school if you are unsure how to do this.

EVENTS: Look at all of the exciting things we have done already here at Atkinson! A HUGE turnout for Grandfriends Day, Donuts for Dads, and our Fall costume parade. Students were able to hear Fall stories and roast marshmallows to make smores. We loved seeing all of the parents lined up to watch the parade at the end of the day!

Coming up we have the Veteran's Day program at Ross HS for the 4th grade students at 7:00 pm on November 12th. Students also have Thanksgiving Break Nov. 27th-29th! Our Holiday Santa shop will be the week of December 9th and Christmas Break begins Dec. 23rd-Jan. 3rd!

Please be sure your child is bringing their coats and hats back home. Last month we had over 20 jackets unclaimed in our lost and found! A picture was sent on Final Forms to all of the parents.

A huge shout out to all of the parents who continue to support our staff here at the building! We are doing amazing things and we appreciate hearing positive feedback as well as those who support our judgement when a student needs a little correcting! <u>Together we can help your children become very</u> <u>successful!</u>











School hours are from 9:00 am to 3:30 pm. **The first bell rings at 8:45 am** for the students to enter the building. There is a strong correlation between good school attendance and academic success. Please make every effort to make sure your child is in attendance regularly to receive the full benefit of school. Students will be considered tardy/late to school if they are not in their classroom at 9:00. If you know your child will be out of school due to illness or any type of absence, please call the office at 419-332-5361 before 9:30 am. Anyone picking up or dropping off a student during school hours needs to sign them in/out in the office. A note from the custodial parent needs to be sent to school in the morning if the child will be leaving during school hours. We cannot release a child to anyone other than the custodial parent during the school day without a written note from the parent.

Habitual Truancy

- ★ 30 or more consecutive hours without a legitimate excuse
- ★ 42 or more hours in one school month without a legitimate excuse
- ★ 72 or more hours in one school year without a legitimate excuse





<u>Attendance</u> <u>Policy</u>

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- Students are allotted 5 days of excused absences without a doctor's note in one school year.
 - After 5 days of excused absences a doctor's note is needed. Otherwise absences will be considered "unexcused".





Our word of the month for October has been *Respect*. Students have been learning and practicing different ways to show respect. Specifically, students have learned about respectful words. actions. how to show respect when problem solving, demonstrating respect when following directions, and respecting others when they have a different viewpoint from our own. I encourage students to continue practicing respect not only at school but at home as well.



#2

Respect Overview

This month's focus is Respect. One way to think about Respect is "seeing value in all people and things & treating them with care." Many people feel Respected in different ways. We hope this month inspires discussions with your family about what Respect means to you and how you can practice it together!

Respect is 1 of 3 traits we will focus on throughout the year that helps students **Be Kind**. Across grade levels, students will be developing skills like perspective-taking, conflict resolution, and leadership.

Conversation Starters



Can you share or show what Respect means? What is 1 way you have practiced Respect lately?

PurposeFull Pursuits

Rrpgetull

People

Have some fun connecting as a family this month while practicing Respect. Here are 2 "PurposeFull Pursuits" you can complete together!

A fun way to remind students to show Respect to others is to create a non-verbal cue. As a family, come up with a non-verbal way to cue your student to remember to show Respect to others. An example of this would be anytime you raise the "Respect Rooster" on your hand by closing the middle 2 fingers and bringing your pointer finger and pinky finger up, your student would be reminded to practice living out Respect.

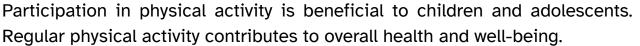
> Review Respect as a family! In our lessons we are teaching that Respect means to see value in people and things and treat them with care. Agree as a family to set aside a certain time each day this week to unplug from devices and plug into family time. It shows Respect to practice being present in the moment without the distractions that can come from technology. Debrief and discuss this challenge afterward. Consider to embracing this practice at least 1 day each week!





Notes from the Nurse

Physical Activity and Youth



Benefits of Regular Physical Activity:

- Helps control weight.
- Builds and maintains healthy bones and muscles
- Reduces the risk of developing obesity and diseases such as diabetes, heart disease and colon cancer.
- Reduces feelings of depression and anxiety.
- Helps improve students' academic performance.

Children and adolescents should do 60 minutes or more of physical activity each day. Most of your child's 60 minutes of daily activity should be aerobic physical activity, such as bicycling, brisk walking, running, dancing, or swimming. In addition to aerobic activity, kids should do some age-appropriate muscle and bone-strengthening physical activities, such as cheerleading, gymnastics, playing basketball, sit-ups or crunches, jumping rope, or swinging on playground equipment. The recommended 60 minutes of physical activity each day does not have to be done all at one time, and can be split into increments throughout the day, for example two 30-minute periods or four 15-minute periods.

Physical activity can be increased by reducing sedentary time such as watching television and playing video games. Physical activity should be fun for children and adolescents. Parents should try to be role models for active lifestyles and provide children with opportunities for increased physical activity.



Colleen Osborne BSN, RN-LSN - School Nurse





Sandusky County Health Department Fremont

Monday - Wednesday 8:00 am to 4:00pm Thursday 8:00am to 6:00pm Friday 8:00 am to 2:00 pm

SCPH provides childhood and adult immunizations. Clinics are by appointment only.
Medicaid and some private insurances accepted.
Parents/Legal guardians must bring the child's immunization record to the immunization appointment. Please call
419-334-6367 to schedule an appointment or for questions.







Mia Wollenslegel

3rd Grade

Zuri Blue, Amina Brown, Isabella Clere, Lilly Daugherty, Breydn Durr,Connor Ellenberger, Zora Garvey, Summer Jones, Zuri Mundy, Brooks Opelt, Jermaine Phillips, Jasm'reya Spears, Raelyn Stines, Athena Tallman, Carter Widman Armani Winke.

4th Grade

Kwinton Echelberry, Jaycob Eisenhauer, Nyla Harris, Jahzia Johnson, Kameron Lindsey,Teagan McCarthy, Jase Missler, Jacob Mook, Rayne Randol, Grey Tea, Jaxon Ulman

5th Grade

Kyngston Alexander-Pitts, Kaylee Beckley, Macklin Burns, Allie Coleman, Maisie Davis, Breslynn Dumas, Tymira Flenoy, Shane Gregory, Ellianna Guhn, Dorian Jackson, Giovanni Jacobo, Audrielle Jones, Evrionna Lawson, Carter LIggins, Laila Long, Eric McBride, Willow Pocock, Wesson Slane, Deja Sloan, Reina Ysasi



Kindergarten

Janiya Braylock Dane Curran Spencer Lindsey Maeleigh Polter Mateo Salinas Lopez Owen Smith Marcus Staten Tah'mir Watkins Asher Westlick Hunter Wollenslegel

<u>1st Grade</u>

Luna Artino Sariah Barbee Savarri Brown Jase Carroll Noah Carroll Ainsley Eaglen Alaric Estrada Isiah Goodman Bryn Root Evoni Stanley Markiya Staten Xander Ziegert

2nd Grade

Raven Artino Jayvon Jackson Elliana LaBenne Samara Rodriguez Carter Stanley Kora Watts Hayden Wollenslegel



<u> 3rd Grade</u>

Angel Basilio Emilio Cabrera Oakley Contreras Zaine Cook Zayden Cook Aubriella Dukes Breydn Durr Conner Ellenberger Kai Jones Summer Jones Grant Leathead Layla Seavers Tristan Sieberg Jasm'reya Spears Athena Tallman

4th Grade

Logan Baatz Kwinton Echelberry Jaycob Eisenhauer Nasir Fisher Austyn Goosliln Kameron Lindsey Jase Missler Rayne Randol Mia Wollenslegel

<u>5th Grade</u>

Raelyn Bennett Macklin Burns Lilliana Carroll Tymira Flenoy Evrionna Lawson Laila Long Phenix McCreery Lorenzo Ortiz Deja Sloan Mac Stanley





November 11 - 15 Bookfair November 12 4th Grade Veterans Program November 20 Little Caesars Kit Delivery November 22Midterms go Home November 27 - 29 THANKSGIVING BREAK



December 2 School Resumes December 9 - 12 Santa Shop December 23 - January 3 WINTER BREAK January 6 School Resumes



Please update your

Please remember that if you change phone numbers, address or contacts,you must update your information in Final Forms. The school staff depends on this information to be current in case you need to be contacted.



- → BREAKFAST AND LUNCH ARE FREE OF CHARGE FOR ALL BUILDINGS THIS YEAR!
- NO FAST FOOD OR FOOD FROM OTHER ESTABLISHMENTS ARE ALLOWED IN THE CAFE
- → PACKERS MAY BUY AN EXTRA MILK FOR \$.50.
- → MONEY CAN BE ADDED TO STUDENT'S ACCOUNT FOR MILK WITH CASH OR CHECK (PAYABLE TO FREMONT CITY SCHOOLS) OR ONLINE THROUGH WWW.FREMONTCITY.FAMILYPORTAL.CLOUD







Meetings are at 5:30 in the Atkinson Cafe

MEETING DATES:

November 12, 2024 December 10, 2024 January 4, 2025 February 11, 2025 March 11,2025 April 8, 2025 May 13, 2025



OFFICERS:

President: Brittany & Blair Ellenberger Secretary: Janelle Opelt Treasurer: Allison Eaglen Teacher Rep: Christina McBride Teacher Rep: Evilia Sandoval





